



# Winter Newsletter December 2025

## Season's Greetings



It has been a busy year for us here at EnrichAbility with lots going on with new volunteers coming forward at last, many varied social events, days trips by car and Coach, boat trips on the Grand Union canal and River Thames and of course the Enrych Holiday which is always so enjoyable for all of us. During the year, we made the big decision to rebrand and as we move into 2026, we are preparing to celebrate 40 years as a charity when we hope to get as many of you as possible involved in our celebrations.

For now, good wishes for a Merry Christmas and a Happy New Year! **Sue**

### January 2026

Friday 2 January	3pm	Sue	Bingo
Monday 5 January	11am	Vicky	Seated Move & Groove
Wednesday 7 January	4pm	Sue	Games
Friday 9 January	11am	Vicky & Victoria	Quiz
Tuesday 13 January	11am	Joyce	Seated Move & Groove
Wednesday 14 January	2pm	Joel	Afternoon Chat
Thursday 15 January	4pm	Jo D	Mindfulness
Friday 16 January	3pm	Victoria	Villains!
Monday 19 January	2pm	Joel	Seated Move & Groove
Wednesday 21 January	11am	Sue	Tai Chi
Friday 23 January	7pm	Victoria	Twilight Chat
Tuesday 27 January	11am	Victoria	Seated Move & Groove
Thursday 29 January	4pm	Joyce	Film Review
Friday 30 January	11am	Victoria & Sue	Quiz

**Don't forget we have Zooms over the Christmas/New Year Holiday so we can keep in touch and bring some friendly faces to your days. As usual, please let Sue know which Zooms you would like to join in January. A link will then be sent on the day.**

Merry Christmas one and all. We've covered a lot of ground together this year, both metaphorically and literally! We've journeyed over wet and dry land on some excellent, accessible voyages and it was great to be able to use a local minibus service this summer to visit some local nature sites. EnrichAbility is such a wonderful, caring and supportive community and I love being a part of it. Thank you all for making it another great year. I can't wait to see where 2026 will take us! **Joel**



The saying "time flies when you're having fun" really is true because another year is over in a flash. I am so grateful to be part of EnrichAbility and to be part of such an amazing community. My highlight of the year has to be our trip to the Grand Union Canal again. We were once again really lucky with the weather, enjoyed great food and had a lovely trip down the canal with some laughs along the way.

I wish everyone a wonderful Christmas, a happy new year and look forward to spending another fabulous year with you all. **Joyce**





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## Social Events

Here is our varied programme of social events. We look forward to welcoming you at any/all events.

### Date

Thursday 8 January  
Monday 12 January  
Tuesday 20 January  
Friday 23 January  
Thursday 29 January  
Tuesday 3 February  
Tuesday 10 February  
Thursday 12 February  
Tuesday 24 February  
Thursday 26 February  
Friday 6 March  
Tuesday 10 March  
Thursday 12 March  
Tuesday 17 March  
Friday 20 March

### Place

Banbury Tea Rooms, Banbury, OX169FZ, 12noon  
Boundary House, Abingdon, OX14 2AA, 12noon  
No.14 Wesley walk Café, Witney, OX28 6ZJ, 12noon  
Boswell Café, Oxford, OX4 3UZ, 11am  
No 33 Café, Didcot, OX11 6JZ, 12noon  
The Spread Eagle, Abingdon, OX14 1PL, 12noon  
Bowling at Banbury Bowl, Banbury, OX16 5BH, 12 noon  
Flo's in Florence Park, Oxford, OX4 3JZ, 11am  
The Beekeepers, Witney, OX28 6BB , 12.30pm  
The Ferns Café, Faringdon, SN7 7ZH, 11am  
John Lewis, Westgate, Oxford, OX1 1PB, 12noon  
Boundary House, Abingdon, OX14 2AA, 12noon  
The Chatsworth, Banbury, OX16 9UU, 12noon  
Coffee Morning at Coffee #1 Witney, OX28 6AP, 11am  
Berro Lounge, Didcot, OX11 7LG, 11am

### Contact

Joyce  
Joel  
Joyce  
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Sue

### SAVE THE DATES - flyers to follow in 2026

Monday 11 May  
Friday 3 July  
Friday 11 September  
Saturday 10 October

Day Trip - Cadbury World  
Day Trip - Canal Trip  
Day Trip - Southend-on-Sea  
Enrych Holiday to Ross-On-Wye

You are welcome to any event regardless of area and do remember friends, family and carers are all welcome as are volunteers with or without their member. Please let the contact person know if you would like to attend so we can confirm numbers which is really helpful for us and is a definite requirement for some of the events where payment will be required on booking.